

GlamCon
BEAUTY • FASHION • LIFESTYLE • WELLNESS
RENEW, REJUVENATE AND CELEBRATE
#GLAMOROUSCONQUEROR

2019 Glamcon Conference

Hey
Gorgeous
The Pink
Peppermint PROJECT INC

Beauty + Shared Experiences

OCTOBER 11-13

The Study USA

801 W Irving Blvd, Irving, TX 75060

Greetings GlamCon Attendees!

It is an absolute pleasure to welcome you to the 3rd Annual Glamcon Beauty and Wellness Experience powered by Style Follows Her and the Pink Peppermint Project. Our planning committee has worked rigorously to create a one-of-a-kind experience for you.

Breast cancer is the most common cancer among women worldwide and the second-most common cancer overall. In 2017, about 255,180 cases of invasive breast cancer will be diagnosed in the United States. alone. But the most important thing to know is this: a diagnosis is not a death sentence. Breast cancer can be treated.

During the fight against breast cancer, their lives (and their families lives) are uprooted, changed forever. The fight for life is #1 – we know that when you're dealing with some of the life's worst challenges, finding beauty when you see yourself in the mirror can invigorate your strength to fight!

GLAMCON is dedicated to giving warriors a new found strength to fight the fight and celebrating the strength of survivors.

On behalf of The Pink Peppermint Projects Board of Directors. Advisors and the Glamcon Planning Committee thank you for supporting the 2019 Glamcon Beauty and Wellness experience. We encourage you to reinvigorate and replenish your mind, body, and soul. We rise together.

Kind Regards,
ShantaQuilette Carter MBA
FOUNDER/CEO/EXECUTIVE DIRECTOR
Pink Peppermint Project and Style Follows Her



2019 Planning Committee Members

Nyaira K. Harris
Ashley Johnson
Shenica Hudson
Cormeshia Batty
L. Shonny Debose
Doria Sessions
Shameka Robinson
Sharla Thomas
Pamela Bell
Chaneera Francis
Pamela Bell

Taking Care of All of You



During the conference, we encourage you to share your favorite conference moments on Facebook, Twitter, and Instagram using the

#GlamorousConqueror

#GLAMCONEX2019 **#Survivinginstyle**

Post photos, videos, and updates about your experience and the glamorous people you meet throughout the day



GlamConEvent.org



[pinkpeppermintproject](https://www.instagram.com/pinkpeppermintproject)



Photo Disclaimer

Glamcon staff and professional photographers will be shooting video and taking photos throughout the weekend . Your presence acknowledges the understanding that the video and/or photo's taken during the conference may be used by GlamCon, SFH, and the Pink Peppermint Project in future marketing and material .

HEY GIRL HEY!

What is GlamCon?

GlamCon is dedicated to igniting sisterhood for breast cancer warriors, thrivers, and caregivers, Holistic Beauty and Wellness Vendors and any woman passionate about implementing health and wellness in their life. In case you're wondering-yes, GLAMCON is for everyone! Giving women a day to reinvigorate their inner and outer beauty through our #survivinginstyle initiative.. GlamCon allows breast cancer survivors to fellowship with one another, negating the feeling of being alone and creating a sense of sisterhood. Our focus for this experience is to provide wellness, nutrition, and overall health education for attendees to set the tone on how to "live your best life". The GLAMCON experience is more than a conference, it's a lifestyle, a movement, a community of women who are on the path of self-healing, rejuvenation, and restoration. We combine beauty, wellness, nutrition, and art for women from all walks of life. Expect to be engaged and empowered!!

On behalf of the staff and board at the Pink Peppermint Project Inc, welcome to the 3rd annual 2019 GlamCon Experience: Beauty, Fashion, Lifestyle, and Wellness

This weekend is about..

Celebrating breast cancer survivors and patients with a weekend of beauty treatments, makeovers, and health workshops.

Showcasing beauty providers and products that are safe for cancer patients to use.

Donating to support breast survivors through Pink Peppermint Project

Strengthening the overall mission of Shantaquilette Carter-Williams, the founder of Glamcon and Style Follows Her lifestyle brand and blog, which inspires, unites, and consults with women to live a creative and purposeful life by embracing traditional and contemporary ideas.

THANK YOU!



Facts About Breast Cancer In The United States

- One in eight women in the United States will be diagnosed with breast cancer in her lifetime.
- Breast cancer is the most commonly diagnosed cancer in women.
- Breast cancer is the second leading cause of cancer death among women.
- Each year it is estimated that over 252,710 women in the United States will be diagnosed with breast cancer and more than 40,500 will die.
- Although breast cancer in men is rare, an estimated 2,470 men will be diagnosed with breast cancer and approximately 460 will die each year.
- On average, every 2 minutes a woman is diagnosed with breast cancer and 1 woman will die of breast cancer every 13 minutes.
- Over 3.3 million breast cancer survivors are alive in the United States today.



To donate, visit www.pinkpepperrintcares.org or mail checks to 5057

Keller Springs Road ste 300 Addison, Texas 75001

Learn more about our work



www.glancoevents.org



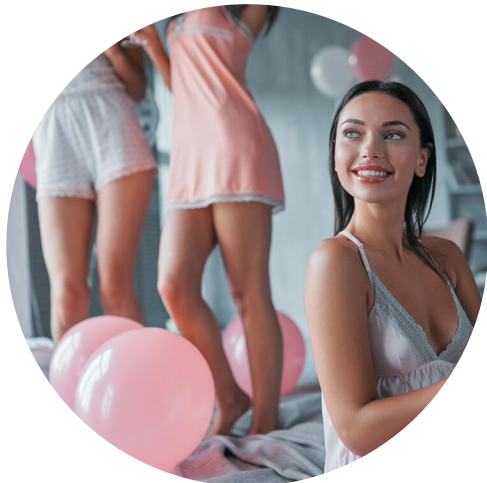
www.pinkpepperrintcares.com



@pinkpepperrintproject

Agenda

Friday, October 11



6:00-9:00 P.M

WIG & WINE SOIREE PAJAMA JAM RIVETER DALLAS

3333 WELBORN STREET, DALLAS, TX
75129

LADIES, KICK OFF YOUR GLAMCON EXPERIENCE WEEKEND WITH A NIGHT OF WIGS, PAJAMAS, FREE FOODS, GAMES, MUSIC, AND FUN. GET STYLE AND BEAUTY TIPS FROM KRK MEDICAL SOLUTIONS, WHILE ENJOYING REFRESHMENTS FROM BAR BUNNIES, AND MEETING FABULOUS WOMEN DURING THIS SPECIAL EVENT AND KICK-OFF. BRING YOUR FAVORITE WIGS AND WE WILL PROVIDE THE RES FOR YOU!!!!!!

Saturday, October 12

8:00 Registration Opens
The Study USA

**8:30 -
9:30**

GLAMASTE YOGA WITH PRIYA PATEL
SPONSORED BY TOPO CHICO

**10:00 -
10:10**

GENERAL SESSION
WELCOME WITH GLAMSQUAD, MAMA SOPHIA & LETITIA OWENS

**10:10 -
10:25**

WHAT'S YOUR SUPERPOWER WITH DEYA DIRECT
POWERED BY URBAN RX

**10:28 -
11:02**

KEYNOTE WITH DR. JESSICA SHEPHERD
HEALTHSPIRATION POWERED BY EDEN BODYWORKS



11:02 -
11:08

GODDESS MOVES WITH MICHELLE ZADA

11:10 -
12:00

"PRETTY STRONG PANEL", ANDREA WISE-BROWN; DR. TY SANDERS; TIFFANEY DALE, MARTA CORDELL; DR. TANGINIKA CUASCUD; LORVICTOR JEFFERSON

12:00 -
12:10

LIVING WELL FITNESS WITH MICHELLE FITNESS & POWERHANDZ

12:10 -
12:45

EAT FOR YOUR LIFE BRUNCHEON, NETWORKING AND PRESENTATION BY LALANII WILSON-JONES:
Open Mic: Sisterlouges

12:45 -
12:55

WHAT'S YOUR PASSION

12:57 -
1:30

KEYNOTE ADDRESS WITH MICHELLE J. LAMONT MANIFESTING YOUR BEST LIFE

1:30 -
2:00

Dr. C GRAYCE BERNARD, "THE PINK PRINT"
SEVEN COMMANDMENTS TO UNLOCK SUCCESSFUL MONEY HABIT

2:00 -
2:30

TONYA CARTER
"FILLING YOUR CUP"
THE IMPORTANCE OF HEALING & RESTORATION THROUGH SELF CARE



2:45 -
3:15

CONVERSATIONS THAT HEAL WITH PRIYA PATEL & KIM OLUSANYA

3:15 -
3:30

POWERED IN PINK LOW IMPACT ZUMBA WORKOUT FOR GLAMOROUS CONQUERORS PRESENTED BY JOY RYAS

3:30

WRAP IT UP WITH DR. KIARRA KING

4:00

"SURVIVAL AT ITS FINEST" WITH METHODIST DALLAS MEDICAL CENTER

4:30

KEYNOTE DR. KATRINA BIRDWELL
GLAMOROUS CONQUEROR AWARDS

5:00

CLOSING REMARKS, RAFFLES, NETWORKING, VISITING WITH EXHIBITORS

Sunday, October 13

**10:00-
2:00**

PRAISE & WORSHIP
CONCORD CHURCH DALLAS

**1:30 -
3:30**

MEDITATION AND MINDFULNESS
BRUNCHEON
THE ASIAN MINT
11617 N. CENTRAL EXPWY, SUITE 135
DALLAS, TEXAS 75243

*Registration during event



Founder & Host



ShantaQuilette Carter

ShantaQuilette Develle is a quintessential and enterprising woman who is enthusiastically passionate about revolutionizing the way society views work and family. She uses her platforms to let the world know that higher education, motherhood, and career are mutually exclusive.

Business/Corporate Leader and Lifelong Learner

ShantaQuilette has received her Master of Business Administration with an emphasis in Forensic Accounting from Texas A&M University- Commerce and a Bachelor of Science in Accounting and Economic Fraud from Regis University, and Style Coaching Certification from the Style Coaching Institute. To further enhance her ability to empower others, ShantaQuilette obtained a Life Coaching Certification from COE Institute, Wellness and Mindfulness Coaching Certifications through Centre of Excellence, a Laws of Attraction Certification through MCT Michelle Lamont, Raw Nutritionist and Herbalist Certifications from New Skills Academy and a Reiki Certification from Infinite School of Healing.

Entrepreneur and Philanthropist

ShantaQuilette is the Visionary and Curator of Style Follows Her, a media and creative design company that inspires, educates, unites, and entertains real women with a creative spirit. Style Follows Her encourages women to live up to their fullest potential through beauty, fashion, and lifestyle. ShantaQuilette is also Founder and Executive Director of The Pink Peppermint Project Incorporated, a 501(c)(3) tax-exempt non-profit organization that empowers women affected by breast cancer with a practical and compassionate approach to their informational, physical and emotional needs through the M.I.N.T (Motivate, Inspire, Nurture and Transform) using Beauty, Wellness, and Support Services. This non-profit wants women to survive cancer and feel beautiful while doing it. Pink Peppermint Project Inc is the only non-profit organization founded by African-American women in the nation pushing the integrative care message.

Positivity Maven and Purpose Strategist

ShantaQuilette Develle teaches women how to turn dreams into purpose through faith. She made the determination to bounce back from the tragedies of life by making a conscious decision to take her life in her own hands. ShantaQuilette went on a 40-day character makeover that lead her into making daily choices from within, ultimately serving her overall well-being. As a result of this transformational journey, ShantaQuilette became happier and created a system of helping others to regain their inner power through abundance and happiness. It is her purpose and passion to help women raise their self-awareness and self-empowerment and walk graciously while doing it. ShantaQuilette firmly believes that every person should thrive in every area of their life without sacrificing themselves and their well-being. She knows once an individual finds their purpose, they become unstoppable. ShantaQuilette thrives through the power of positivity and her mantra is "You are your best investment."

Women's Health Care Advocate

ShantaQuilette was inspired to become an advocate for the healthcare of women in 2015 when she lost her aunt and two friends to breast cancer. This gave her a front seat to the debilitating effects of the disease. She became drawn to the testimonies of women and began researching the disease and risk factors. The day ShantaQuilette lost her aunt and friends is the day she found purpose. She promised her friend Shamekia, that she would always be a voice, championing, raising awareness, celebrating women and their fight. ShantaQuilette wanted to be more than a friend, she wanted to be a prayer warrior, motivator, sister, counselor, and a true advocate for women in all areas of health and wellness. She is doing everything she can to bring health equity to women of color affected by breast cancer. Soon advocating for women's health care ShantaQuilette became even more personal. After a normal day at work, she went to her desk found herself dizzy, paralyzed and on her way to the hospital. ShantaQuilette had suffered a stroke. From that day forward her life has been limited, but full. ShantaQuilette is no longer serve, walk, talk, or see in the same capacity. However, after three months of being off of work, doctors were impressed with her recovery. As a heart attack and stroke survivor, ShantaQuilette is creating a conversation to help women thrive and reduce stress in their busy lives using methods that have been pivotal to her recovery.

Emcee



Mama Sophia

Sophia Parker, also known to her loyal followers as Mama Sophia, is a self-proclaimed health evangelist, a bilingual educator, group exercise leader, radio/TV host, writer and entrepreneur. She is enthusiastic, energetic and passionate about giving practical tips and information for families to experience true health and wellness through faith, food, fitness, finances, family, fashion, friends and fun!

Mama Sophia's advice comes from real life experiences. She is a breast cancer warrior. Diagnosed in April 2015, she underwent a unilateral mastectomy with bilateral reconstruction to treat the breast cancer locally. However, it was her radical decision NOT to accept standard medical treatment with the use of chemotherapy and radiation that transformed her life and her health! Sophia was healed and fights for her health daily through FAITH, FOOD and FITNESS. She is now on a mission to help America get into the best shape of their lives through the Spirit, Soul and Body..

Keynote Speakers



Dr. Jessica Shepherd

Dr. Jessica Shepherd is a board certified OB/GYN, women's health expert and minimally invasive surgeon. She attended medical school at Ross University and then completed her residency at Drexel University-Hahnemann Hospital in Philadelphia. She then went on to complete a Minimally Invasive Gynecologic Fellowship at the University of Louisville where she also completed her MBA. Currently she practices at Baylor University Medical Center in Dallas, TX. Her interest in women's health has allowed her to become an engaging and well known media personality that is seen regularly as an expert on Good Morning America, The Today Show, The Talk, Dr. Oz, Steve Harvey, CBS News, and FOX news. She is also on the Advisory Board for Women's Health Organization, Ro Medical and has contributed to various journals including Cosmopolitan, Teen Vogue, Women's Day, Self, Family Circle, Parents, Best Health, Essence, and Healthline. Her passion for women's health has allowed her to be an advocate for conditions such as fibroids, endometriosis and health care disparities. As a health care expert, she strives to educate women on their bodies and how to address their physical, sexual, emotional health in addition to the incorporation of wellness. She has been a keynote speaker at BlogHer several times and has worked on campaigns with celebrities for women's health including Brooke Burke, Sheryl Crowe, Erin Andrews, and Dr Jackie Walters of Bravo's Married To Medicine. Her involvement with various foundations as a board member of American Heart Association and Texas Women's Foundation, has allowed her to actively make decisions in the women's health realm. Dr. Shepherd is a passionate advocate for women as she continues to create pathways for women to be in their best health



Michelle J. Lamont

A testament to the power of positivity, Michelle J. Lamont launched her first business at age 8 despite growing up in an orphanage. Developing a relentless spirit and an unwavering belief that she can pray, dream and speak intentions into realities, she survived a bank account of only \$250, a clunker of a car and endless nights rolling frozen Domino's pizza dough to eventually open dog-centric Foxy Paws and transform it into a million-dollar company with 40 employees. With a unique combination of uncanny news judgment and savvy business sense, Lamont later launched her own public relations company and became profitable within 45 days. Though Lamont PR remains the centerpiece of her empire, she has expanded into successful co-careers as a motivational speaker, life coach and manifestation guru.



Katrina E. Birdwell , M.D

Dr. Birdwell specializes in multi-disciplinary delivery of breast cancer care, oncoplastic techniques to achieve best cosmetic outcomes, and robotic assisted surgery. She has close coordination with the medical oncologist, radiation oncologist, and reconstructive surgeons to provide comprehensive breast cancer care. Frequently, office visits with one or more of these specialists are coordinated to achieve patient-centered care in a timely fashion.

Dr. Birdwell is a native to the Dallas metroplex and resides locally near family and long time friends. She enjoys watersports, fishing, outdoor activities, cooking, and spending time with family.

Moderator



L. Shonny DeBouse

L. Shonny DeBouse-Young is the Director of Marketing and Development for SAN Enterprise, LLC. and the principal consultant for Paradigm Market Solutions. She has years of proven analytical, managerial and leadership abilities across numerous industries. Her background includes retail, marketing, entertainment, social media, and management in the non-profit sector. Her vast experience in multi-media planning, client relations, and agency/client contract negotiations has allowed her to have an extensive variation during her executive development. As an Organizational Development Practitioner with the proven ability to build, foster successful business relations, manage diverse teams, and project management she is in high demand. She is known as “The Strategist”, for her keen sense of discernment, problem-solving skills, and the adeptness to develop winning strategies.

She currently serves as a volunteer Marketing and Communications oversight at DPCC, ministry lead, & coaching coordinator/instructor for the LIFE EmPOWERment Institute. Shonny hosts the annual Youth Extreme Program for inner city youth and is a co-founder of the 501c3 Mona's Heart Outreach for the homeless and veterans. She is a board member of Young Women of Influence Inc., Girls Living Life on Purpose, and Glamcon, Pink Peppermint Project. She is a member of Iota Phi Lambda Sorority, Inc., OES, and The National Council of Negro Women, Inc. She is an avid exhorter of God's word, an intercessor, teaches teen purity programs, is an experienced Mistress of Ceremonies, and public speaker. Minister Young has served at her current ministry for over nineteen years under the spiritual covering and direct mentorship of Dr. Renee Fowler Hornbuckle, Senior Pastor of Destiny Pointe Christian Center.

She is an alumna of the Christian Women Leadership Development Program through Heartfelt International Ministries founded by Elder Cathy Moffitt of the Potter's House. She is a recipient of the Class Choice Award from the C.W.L.D.P. through Heartfelt International Ministries. Shonny has a big heart for teens, the homeless, and those who have been incarcerated that have a desire to re-enter society in a positive way. Shonny is actively involved in the community and has volunteered with Esther's House, Self Esteem Elevated through Brighter Tomorrows for over ten years providing toiletries and makeovers for women who have been released from prison and victims of domestic violence. When Shonny is not conducting business or in meetings, you can catch her as a sought-after media personality hosting red carpets and emceeing entertainment/ministry/social events/and radio shows.

She attended the HBCU Jarvis Christian College for undergraduate studies and is currently finishing her graduate degree at Liberty University in Clinical Counseling with an emphasis in leadership. Shonny is a native of Fort Worth, Texas and is happily married to her true love with two beautiful children and currently resides in Mansfield, Texas.

Guest Speakers/Panelists



Emily Blue

Emily Michelle Blue is a highly-spirited, gifted orator who is passionate about helping people become well from the inside out and empowering them to get fit, be fabulous and live fearless. She is a certified life and wellness coach, holistic empowerment specialist, empowerment speaker, author, educator, radio show host, and philanthropist. Emily has a Bachelor of Arts degree in Journalism: Broadcast News from Southern Methodist University, Professional Coaching and Wellness Coaching Certifications from World Coach Institute and almost 20 years of teaching experience. She is the CEO and Founder of Fx3 Coaching, LLC, a coaching and consulting company and the Founder, President and CEO of EMB Chrysalis Foundation, a 501(c)(3) tax-exempt non-profit organization and Host and Creator of Brand New Day with Emily Blue. Her enlightening, charming, and down-to-earth approach captures the hearts of audiences' while propelling them with tools to move forward into their life's purpose and destiny. Emily's coaching style is genuine, compassionate, and propelling. Her listening ear and transparent heart helps her to coach individuals who are ready to live a fit, fabulous, and fearless life. While Emily loves empowering others, she makes sure she practices what she preaches by maintaining balance in her life. She loves the arts, volunteers, competes in pageants, models, sings and spends quality time with her family and friends. Emily is a member of Delta Sigma Theta Sorority, Inc. and resides in Lancaster, Texas, a suburban area of Dallas.



Priya Patel

Priya is dedicated to bringing the body into recovery through intentional healing. She is a 500 hr registered yoga teacher, TCTSY-F (Trauma Center Trauma Sensitive Yoga Facilitator), and certified meditation instructor. Utilizing the training she received along with her personal journey to self-help and healing Priya created The Intention Table with programs that cultivate awareness and give people opportunities to explore patterns of behavior and mindset all while developing an open, receptive and present relationship with their mind, body, and soul. Priya dedicates her teaching to the concept that housed in every one of us is the intrinsic knowledge and capability to heal even the most devastating of wounds. Her programs are now found in organizations that support trauma recovery as well as in different yoga studios across the Dallas Metroplex.



Letitia Owens

Titia is the Vice President of marketing at Presidential Business Center which provides office space to over 170 clients with 18,000 sq ft with her business partner Julia Hilliard. Titia is the co-producer of her husband's media & video company at Dfwivideo. Titia has been a beauty advisor for over 30 years and is now Vice President to her daughter Chyna's cosmetic and fragrance line CHYNA DOLL BRAND. She is a Brand Ambassador for several fashion boutiques. Due to her heart for mankind and once living in her car, she is a philanthropist and CEO of Where Are You Outreach for the Homeless. You can find her on the radio each Friday on KHVN Heaven 97 and the relationship she has with the microphone allows her to host and emcee events across the country. Titia is married to JWayne Owens. They are the proud parents of a blended family made up of four children: Chris, Chyna, Jared and Kelsey. Titia and her family attend Oak Cliff Bible Fellowship Church in Dallas, Texas (Pastor- Dr. Tony Evans). What Titia enjoys the most is simply hanging out with her family and making others smile. She is grateful for the blessings she has been given, committed to being a blessing in the lives of those who are less fortunate, and wants to be an inspiration to those as a servant. Titia says, "Life is short, so do what you can, while you can", "Thank the Lord each day for another opportunity to serve someone else" and "pay it forward; serve a life."



Joy Royas

My name is Joy South; certified group fitness instructor. I am a believer that exercise is the most effective stress management tool. My combined passion for health and exercise as well as my love for dancing led me to become a fitness professional. I teach Zumba, kickbox, and toning classes. I do my best to create different workouts each week to work the entire body and to keep my students from getting bored. I also believe that exercise should be fun and my classes are structured that way - to insure that you have a great workout, express abundant joy and leave class with a boosted morale.



Dr. Kiarra King

Dr. Kiarra King MD is a board certified obstetrician-gynecologist that always delivers a dose of style! The Chicagoland native is known for her keen fashion sense, unique approach to motherhood and love for family and friends.

Always a proponent for education, she had a lifelong dream of becoming a physician.

She is a graduate of The University of Michigan in Ann Arbor. There she earned her bachelors degree, with honors, in Kinesiology with a concentration in athletic training. She later matriculated at The University of Illinois College of Medicine. She earned her medical degree and matched at her #1 choice for residency in obstetrics and gynecology. She trained at Advocate Illinois Masonic Medical Center in Chicago and completed her residency there.

Following residency, she joined a private practice at Advocate Lutheran General Hospital in Park Ridge. She later was employed by Presence Medical Group at Presence St. Joseph's Hospital in Joliet Illinois. Dr. King currently works for Family Christian Health Center in Harvey Illinois. On the job, she seeks to help heal the whole patient and empower them to optimize their health and live their best lives.



LaToisha Michelle

LaToisha Michelle is a Fitness Coach who leverages experience with a diverse client base to meet each client's unique goals.

LaToisha participated in a Nationally Fit Federation (NFF) fitness competition. This was her first show and she placed 1st in the Bikini Novice category on April 30, 2016.

As a fitness coach, she has cultivated positive relationships with participants by interacting with them during group fitness classes and personal training. LaToisha loves helping her clients achieve their fitness goals and takes great pride in making sure her client's self-esteem and body image are a major focal point.

LaToisha has experience with boot camps, weight training, butt blaster coaching/classes, mommy and my workouts, workouts for children, and corporate team building exercises. In addition to being a certified fitness trainer, LaToisha also has a degree in business marketing from The University of Texas at Arlington. Currently, LaToisha resides in Dallas, Texas, and trains at Urban Grit Warehouse Gym.



Dr. Ty Sanford

Dr. Ty Sanford owner of Legacy Lace Wigs and the founder of Tresses of Care. Inc. Doctor of Psychiatry. Entrepreneur by trade with a wife and kids lifestyle. "I have the passion to help others obtain some type of normalcy; giving them quality of life. Although medicine is astounding there are other alternatives than Western medicine that I honor. I have affinity for traveling especially places that possess a scenic view with good wine. I started my career and decided I wanted to think outside the box and help people heal psychologically. However, my way was birthed by a quote that states, "if you look good, you feel good". Something I learned in high school on Dress to Impress Day. Therefore, my endeavors consist of creating beautiful wig illusions for people suffering from chemotherapy hair loss".



Andrea Wise-Brown, M.ED,
LPC, NCC

Andrea Wise-Brown is a Licensed Mental Health Expert/ Psychotherapist who helps people break dysfunctional cycles, overcome barriers and face life's challenges so that they live the life they desire. Andrea has been formerly trained as a hostage negotiator who currently has a private practice and speaks internationally educating and empowering others. Andrea is on a mission to eradicate stigma surrounding mental illness and encourage everyone to make Mental Health a Lifestyle. She's often used by trusted news and media sources, she's an ally to the community. Andrea has been seen on "OWN Network", Good Morning Texas, Sirius XM, The Tom Joyner Morning Show and several other media outlets. She is the author of "6 Pillars to Power

Up Your Mind, Mental Health is a Lifestyle!" ®



Tiffany Dale Hunter

Tiffany Dale Hunter is an award-winning business leader, speaker, author and philanthropist with nearly 20 years of experience in crafting successful marketing, communications and business strategies for Fortune 500 companies, a national foundation, a nationally-ranked research university and a variety of high-profile clients represented by her public relations and marketing company, Tiffany Dale Agency, which was founded in 2006.

Her proven success as a thought leader and change agent has allowed her to emerge as a foremost authority in an array of areas including marketing, communications, diversity, inclusion, education, entrepreneurship, leadership and philanthropy. She is a sought-after consultant for transforming marketing and communication programs within organizations and is highly requested as a motivational speaker, host, moderator and panelist. Tiffany has engaged and inspired leaders and audiences for several companies and organizations including Alpha Kappa Alpha Sorority, the American Business Women Association, Ernst & Young, Jones Long LaSalle, LinkedIn, National Urban League, Nonprofit Leadership Alliance, Southern Methodist University and Texas Southern University.

A highly respected and trusted industry and business pioneer, she has received an array of awards and accolades including the prestigious 2015 University of North Texas Distinguished Young Alumnus Award and the coveted 2013 Dallas Black Chamber of Commerce Quest for Success Award. Additionally, she was selected by D Magazine as a top finalist for the "10 Most Beautiful Women in Dallas," received the 2012 "40 under 40" Awards for both the Collin County Business Press and the Dallas Furniture Bank and was selected by Sterling Bank as a nominee for the "Texas Most Inspiring Women" award.

Tiffany is passionate about selflessly giving of her time, talent, and treasures to empower and uplift the lives of others. She is a member of the Leadership Dallas Alumni Association, American Marketing Association, Public Relations Society of America and currently serves on the board of directors for Anthem Strong Families, Leukemia Texas and the WINGS organization, of which she is serving as the 2019 Event Chair for its signature Mentors and Allies Awards Luncheon.

Most recently she served as the event chair for the 2018 Leukemia Texas Inaugural Concert for a Cure in Houston and previously served as the event chair for the Leukemia Texas Inaugural Beat Leukemia Concert for a Cure in Dallas; event co-chair for the Dallas Challenge Art from the Heart Celebrity Art Auction and Benefit and event chair for the Dallas Arts District Alliance Savor the Arts Benefit. She has also served on the host committees for several nonprofit organizations including the Girl Scouts of North Central Texas, Ronald McDonald House, Children's Defense Fund; CONTACT Crisis Line; Heart of a Warrior Foundation; Community Partners of Dallas and the Center for Nonprofit Management.

Tiffany has also been involved with the UNT Alumni Association, the Junior League of Houston and Dallas, The Family Place Partners Auxiliary and Community Partners of Dallas Auxiliary. Additionally, she served as a board member for SMU's Business Associate program, the Dallas Arts District Alliance, the Dallas Wind Symphony, the Dallas Symphony Orchestra League's Élan Circle, the Fort Worth Jubilee Theatre and the Urban League of Greater Dallas and North Central Texas.

In addition, she has been a member and/or corporate representative for the National Association of Women Business Owners, National Investor Relations Institute, eWomen Network, Executive Women's Golf Association, Ladies Professional Golf Association, Susan G. Komen Foundation, the Women's Leadership Exchange, Dallas Regional Chamber's CEO Roundtable, and the Greater Dallas Hispanic Chamber of Commerce's YP214.

A devoted writer, Tiffany is the author of "Dawn of a New Day: A 21- Day Inspirational Journal to Renew Your Faith, Mind, & Spirit" and is the founder of The Houston Hunter and The Dallas Hunter Lifestyle Blogs. She has represented her book and blogs on several TV segments including ABC's DayBreak, the CW's EyeOpener TV and The Morning Dose as well as Dallas and Houston NBC affiliates. Previously, she covered the arts, antiques, museums and attractions for Where Magazine and was a contributing writer for La Mode Magazine; ENVY Magazine and Tom Joyner's BlackAmericaWeb.com. Tiffany received both her Master of Business Administration and Graduate Finance Certification from the prestigious Southern Methodist University Cox School of Business and holds a Bachelor of Business Administration in Marketing from the University of North Texas. While obtaining her undergraduate business degree, she completed marketing fellowships with Arthur Andersen, Denton Municipal Electric, and Ernst & Young, LLP where she dedicated her time to the successful execution of the coveted Entrepreneur of the Year awards.

Tiffany currently resides in Dallas, Texas where she is a member of Oak Cliff Bible Fellowship with Senior Pastor, Dr. Tony Evans.



Kim Olusanya

Action with Compassion Dallas Inc was established as a charitable non-profit organization by Kim Olusanya in 2017. As a thriving domestic violence survivor, it was important to start this charity in support of victims of domestic violence. The focus is to find ways that reduce domestic violence in the community, and advocate for victims that have the audacity to believe in their dreams, again. Another aspect of the charity that is near and dear, is the effort to reduce gun fatalities in the home as she lost her son to this very issue. Action with Compassion Dallas Inc carries out its charitable objectives by using cultural events such as; fashion shows to raise funds to help its causes. The proceeds go to organizations and programs specifically aimed at helping victims. In addition, Kim offers seminars organized to help educate and counsel individuals with steps for personal advancement. Training vulnerable and disadvantaged victims in the community, new skills that will allow them to move from a situation where they are merely surviving to actually thriving! Not only does this advance their personal lives but their financial situations as well.



Tonya Carter

Tonya is a speaker, coach & entrepreneur who works with women to discover their voice, build themselves from the inside out, become leaders in their homes and discover their life's purpose.

She is the founder of ReInventU which is a personal and professional community for women and she also facilitates a 3-month program called "Divorce Your Story" that walks women through the process of overcoming divorce and healing so they can thrive and become the best version of themselves. She also empowers young ladies in high school to own their success and recognize they were born for a purpose for their lives.

Tonya is from Atlanta where she resides with her two children.



C. Grayce Bernard

C. Grayce Bernard is founder, President and CEO of DiscoverHER, LLC and Millionaires in Training, Inc. As a mentor, she helps deprogram your story, push past fear, and quiet negativity creating a safe environment to be vulnerable, and transparent to transition to the next level. Grayce teaches women how to access healing and invite the manifestation of limitless abundance to come into their lives. She is redefining total wealth from the inside out.



Dr. Tanginika S. Cuascud

Dr. Tanginika-Simone Cuascud Vega is a clinical sexologist, sexual health educator and specialized sex therapy facilitator; founder and principal of Texas Sexual Health in North Texas. She partners with pelvic floor specialists, sex therapists, counselors and other health practitioners in finding solutions for sexual dysfunctions and intimacy concerns. She has a Doctorate in Human Sexuality from the Institute for Advanced Studies in Human Sexuality in San Francisco, CA; post doctoral studies in neuroscience from Emory University, and a doctorate in Business Administration from Argosy University in Illinois. Currently, she is studying Emergency Medical Science at the University of Colorado. She also has an MBA from The Inter American University of Puerto Rico and is a graduate of The Institute for Future Global Leaders of the University of the Virgin Islands in Saint Thomas. Dr. Tanginika is the Chair for the Student Health Advisory Council of the Grapevine/Colleyville Independent School District in TX, which provides advice on health initiatives and curriculum, including human sexuality instruction. She is board certified by the American College of Sexologists, is a member of the World Association on Sexual Health and an ambassador of the American Sexual Health Association. She is also the Vice President of the Association of Hispanic Leaders. Her media presence span from being the resident sexologist for Univision Dallas/Fort Worth and offering health advice in Telemundo Dallas/Fort Worth and Univision Radio nationwide, to sharing pertinent health information in her blogs. She has been a contributor for several online and hard copy magazines, including BabyCenter, Mamiverse and Voxxi (online publications), and Heart and Soul. Her expert advice has been featured in Cosmopolitan, The Huffington Post, NBC Latino, Vice and About.com, among others. Her works have been translated to many languages and published all over the world.



Lalanii Wilson-Jones

Lalanii Wilson-Jones is a business powerhouse with successful imprints in the healthcare, education, beauty, and wellness sectors.

With offices from Dallas to Houston, Lalanii Wilson-Jones has excelled as a powerful chief executive officer and executive director of more than twelve dynamic companies with successes in every endeavor. Her bachelor's degree from Southern Methodist University and Master of Business Administration degree from Argosy University, as well as her 25+ years of experience, make her a formidable leader who is nationally recognized as a front runner in business and entrepreneurship.

For Ms. Wilson Jones, entrepreneurship is a family affair. Growing up, her mom owned a home health care agency and she began working in the family business as a teen, starting as on the clerical level and working her way up to the c-suite.

Lalanii Wilson-Jones is known as a change agent as she has a keen eye for spotting the challenges in a business and executing a plan that turns challenged companies into thriving, profitable enterprises. Her parent company, Mogul247 Enterprises leads her ambitious collection of companies where her mission is to lead and grow opportunities in the community, in order to increase economic prosperity, source social justice, bring enjoyment to the lives of others and to build self-esteem for all those who could really use it. Her organization provides the basis of her operations while also offering business development services, organizational resources and entrepreneurship mentoring to up-and-coming companies or turnaround candidates all over the world.

From start-up to triumph, Lalanii has founded, developed and led each organization to profitability and brand equity positions by bringing the leadership and skill sets needed to thrive in the competitive ecosystems of some of the world's largest economies.

Lalanii Wilson Jones and her highly trained team take care of people from birth to death and every stage of life in between. She is the founder and CEO of successful home health organizations; Altruist Home Health Care, Inc. and Tender Hands Home Health Care, Inc. which are dedicated to providing nursing and physician-based services to its patients. She also recently added a hospice division to her healthcare empire, where she can provide the highest quality care to her patients and their families, even as they transition.

Lalanii Wilson-Jones, MBA is also the CEO & executive director of Dallas-based Stepping Stones Early Child Development Centers and Houston-based Briar Patch Learning Center. Her chain of learning centers is dedicated to providing comprehensive, family-centered, quality care in an environment that is conducive to each child's cognitive and physiological success.

In addition to hard work and achievements Lalanii Wilson-Jones, is also a leader in the community, supporting numerous philanthropic causes related to youth, education, healthcare, help for the elderly, the underprivileged and those ravished by diseases from Alzheimer's to AIDS. In addition, she has founded the charitable organization Love & Meals which works to provide meals and support for kids in underserved areas in the community. To learn more visit, www.lalanijones.com.



Deya Smith-Taylor

Deya Smith-Taylor, whose byline is "Deya Direct" --- is the President and Creative Director of Deya Direct Enterprises. She is a Certified Life Coach in Social & Emotional Intelligence, the author of nationally-published blogs and three published books: Amazon #1 Bestseller "Failure is Fuel," "Touch Yourself, 30 Ways to Boldly Live, Love and Let Go," and most recently "Soft is the New Power: Embracing Your Femininity to Win in Love & Life." For over 10-years, Deya served as the Lead Content and Senior Producer for the acclaimed, nationally-syndicated Tom Joyner Morning Show (TJMS), the most successful syndicated urban radio show in history reaching more than 8 million people on a daily basis. There, she was also featured on-the-air and as a multimedia talent where she hosted, created and produced several celebrity-driven shows including: Girlfriend FM and Beyond the Studio on Blackamericaweb.com. Under her company, Deya recently launched the SuperpowHer Podcast, (<https://www.deyadirect.net/podcast>) a Powerhouse "Testimonial Series" with real-life tools that women can use! It's a lively, yet safe space where Deya Direct gets real with Celebrities, Power Players and her Super-friends about how they overcame the fire of life, and leveraged their Superpower to Learn, Live, Love and Laugh again! By the its first month, the show had already acquired 1,000 downloads and it's first national sponsor. As a former Miss Black USA, Deya has been empowering women to honor and value themselves from the inside out for over 15 years. She has spoken and written about the process of self-love internationally. Deya has offered expert guest commentary on national television, spoken and moderated at international conferences, and has served as a spokesperson and advocate for multiple nonprofit organizations including: The American Red Cross and the AIDS Healthcare Foundation. Deya is a graduate of Howard University with a BFA in Theatre, and minor in Communications. She resides in Dallas, Texas with her husband.



Marta Cordell

Marta Cordell is a Holistic Health Practitioner, Certified Health and Nutrition Coach, Educational Director of the Thermography Center of Dallas and owner of Full Bloom Wellness Solutions. She spent 8 ½ years as a Nutritional Consultant with the American Heart Association, and also holds a certification as an Associate Diabetes Educator. With a deep knowledge of nutrition and holistic health practices, her mission is to educate people in order to reconnect them to their body's inner wisdom, and her passion is for helping people achieve their own personal vision of wellness by giving them the tools and the knowledge that empower them to take charge of their own health.

Honorees



Anica Duke



Na'Diah Smith



Karla Baptiste

"When Beauty and Strength Go Hand and Hand, We Look and Feel Like Glamorous Conquerors"

Founder ShantaQuilette

Beauty & Blessing Expo



AUNDREA LOVE
LIFESTYLE CONSULTANT



Seductive Hairline



AVA MICHELE
JEWELRY





eyllek
skincare

Eyllek, Inc. Skin Care was founded June 2018 in Dallas, Texas to serve the skin care market with advanced natural products. Using the latest research and highest-quality ingredients, we work closely with chemists to develop innovative products, inspired by the natural biological processes that occur in healthy skin. All Eyllek products are developed in a manufacturing facility with stringent quality controls to ensure safety, stability, and efficiency. Our products are distributed in the U.S. and internationally.



EyllekSkincare.com



[@EyllekSkincare](https://www.instagram.com/EyllekSkincare)

Special thanks to our 2019 Sponsors



CRUNCHMASTER®



The
Intention Table

CATO



Morgan Stanley



EDEN™
BodyWork
the



RIVETER



URBAN
SKIN Rx®
MELANIN EXPERTS



tgin
Thank God It's NATURAL®



CANDID TEA™

MAC



the
Honey Pot
company

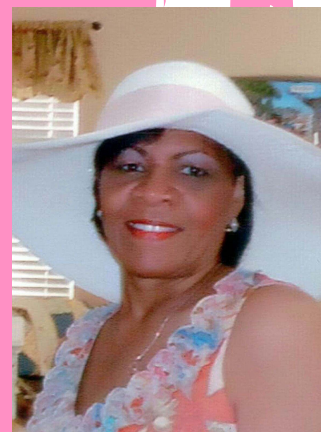
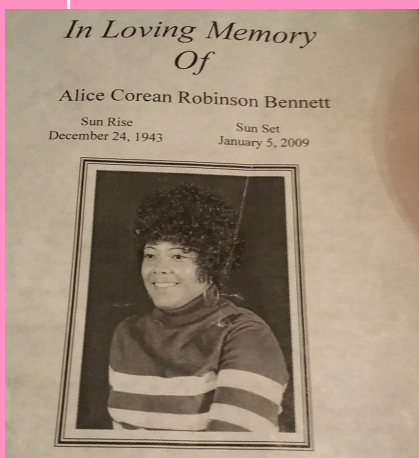
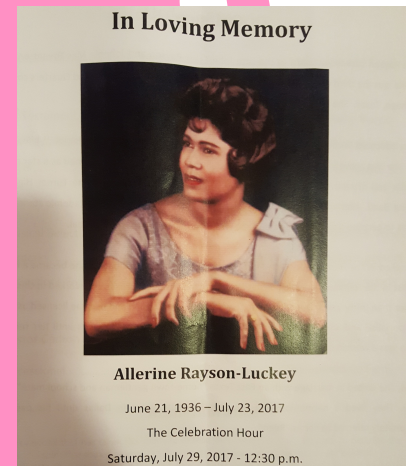
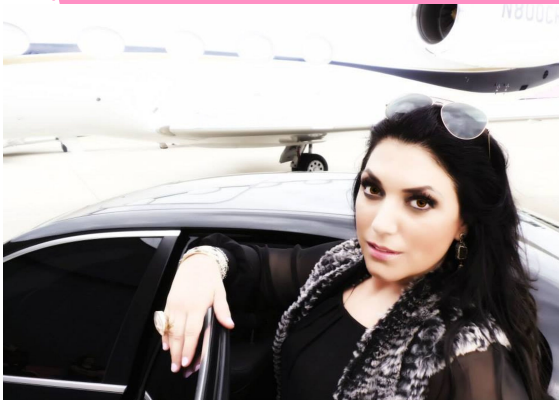
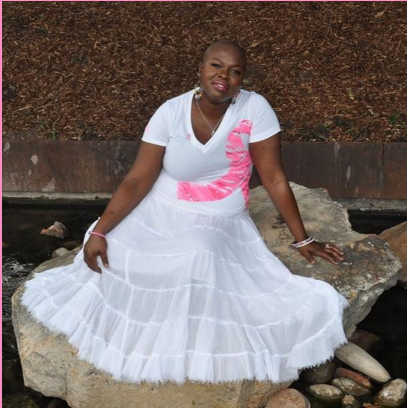


Glamcon & The Pink Peppermint Project Inc.

gives special thanks to
Methodist Medical Center Dallas
for their generous support!



In Loving Memory Gone But Not Forgotten



#PoutWithUs

Check your Girls Project

#poutwithus Pink Lipstick Campaign created by Pink Peppermint Project; aims to inspire others through the power of beauty to transform and heal by encouraging women to take charge of their breast health and find strength by searching our hashtag #poutwithus. Join our campaign to increase awareness, save more lives, and support those affected by breast cancer.



To learn more about #poutwithus Pink Lipstick Campaign

visit www.pinkpeppermintcares.org

GlamCon

BEAUTY • FASHION • LIFESTYLE • WELLNESS

RENEW, REJUVENATE AND CELEBRATE

#GLAMOROUSCONQUEROR

